



**IDPA-PM-2012-001**  
**"Cup" Standards**  
(modified from the 2012 Carolina Cup)

**SCENARIO:** This is a test of relevant self-defense shooting skills. (CONCEALMENT NOT REQUIRED)

**Props Required:** none:

**Course Designer:** Frank Glover and the Staff of the  
2012 Carolina Cup

**SCORING:** Limited Vickers, 18 rounds maximum

**TARGETS:** 3 IDPA Targets, 1 Non Threat Target

**START-STOP:** Audible - Last shot

**Target Distance:** 7-10Yards

**Procedure:**

(start position: facing downrange at P1, gun holstered, hands at sides)

**At start signal:**

Draw and engage engage T1-T3 with two shots each Freestyle (Two hands),

**Then:**

Transition the gun to the strong hand, and engage T1-T3 with two shots each Strong Hand Only

**Then:**

Transition the gun to the weak hand, and engage T1-T3 with two shots each Weak Hand Only.

Note: The above Procedure is a single string, there are no pauses between transitions. Shooters can perform any IDPA legal reload. (Emergency Reload, Tactical Reload, Reload with Retention)

Stacking of shots will incur a FTDR.



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## **“Cup” Standards**

Targets are 4' high to head. They may be raised or lowered for safety reasons but all must be the same height.

The top of the shoulder of the NT touches the neck of the Threat Target. See the FAQ section for detailed directions.

